

1. Set goals.
2. Spend your personal time wisely.
3. Master the Four-Ds: dedication, discipline, determination, dependency on a support group.
4. Master the fundamentals: listening, reading, writing, and speaking.
5. Master academic skills: studying and testing.
6. Master basic life skills: time management, decision making, teamwork, leadership, networking, and conflict resolution.
7. Find a mentor.
8. Maintain your health by eating right, exercising, and abstaining from sex, drugs, and alcohols.
9. Stay motivated and encouraged.
10. Ask Questions.